

LENGTH

52	_____
51	51.5 _____
50	50.5 _____
49	49.5 _____
48	48.5 _____
47	47.5 _____
46	46.5 _____
45	45.5 _____
44	44.5 _____
43	43.5 _____
42	42.5 _____
41	41.5 _____
40	40.5 _____
39	39.5 _____
38	38.5 _____
37	37.5 _____
36	36.5 _____
35	35.5 _____



SIZING CHART

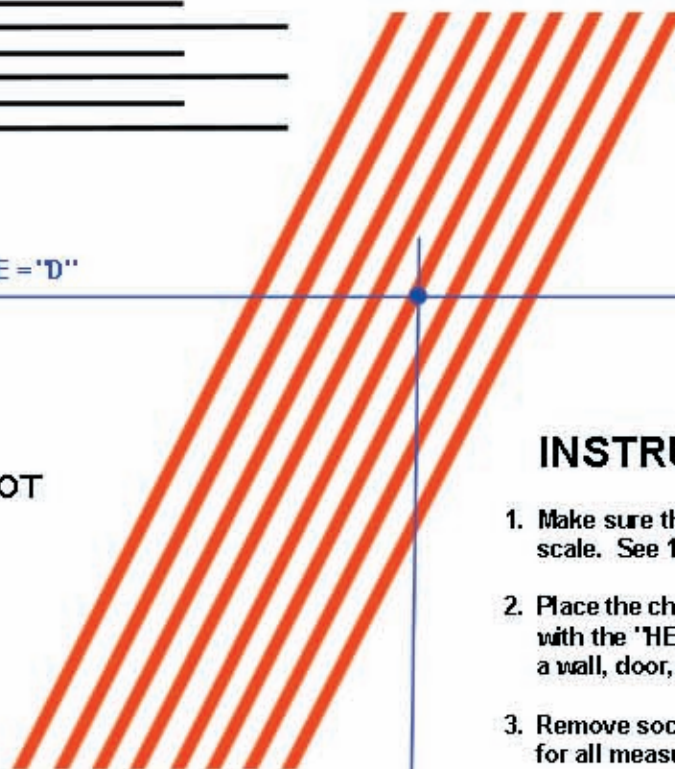
1050920

print this page using 11" x 14" legal paper

RIGHT FOOT

WIDTH

2A A B C D E 2E 3E



WIDTH EXAMPLE = "D"

PLACE BALL OF FOOT ALONG THIS LINE

MEDIAL LINE

PLACE HEEL HERE

HEEL LINE (Place against wall or door)

12"

INSTRUCTIONS

1. Make sure the chart printed to scale. See 12" scale on right.
2. Place the chart on a hard floor with the "HEEL LINE" against a wall, door, or book.
3. Remove socks and stand up for all measurements.
4. Place right foot on chart with your heel against the wall and ball of foot on the "Medial Line"
5. Mark the length of your foot on the chart with a pencil.
6. Mark the ball of your foot (center) on the "Medial Line"
7. Trace the outside of your foot from the small toe to the outside ankle bone to find the width.
8. Remove foot from paper and use a pencil and ruler to determine width (see example width lines). First, draw a vertical line at the widest part of foot tracing. Second, draw a horizontal line that aligns with the ball of the foot mark made in step 5. Determine width using the "width bars" where the horizontal and vertical lines intersect.

NOTE: If you prefer a roomy shoe, select 1/2 size longer. If you are using thick orthotics, choose the "added depth" option to increase the volume.